# *Abingdon Green Gym*
# SUMMER 2015 PROGRAMME

MEETING: **All Green gym sessions begin at 9.30 am at the meeting points unless otherwise stated.**
CHILDREN : Under 16s accompanied by an adult are welcome.
WE PROVIDE : All tools and tea and coffee for a mid morning break!
WEAR: Please wear old, warm clothes and sturdy boots.
TETANUS : Please ensure that your tetanus inoculation is up to date.
BOOKING: Please ring the session leader

**Group email: abingdon.green.gym@googlemail.com**


| **Leaders:** | **Mobile:** | **Email:** |
|---|---|---|
| Eleanor Dangerfield | 07931 363465 | eledanger@hotmail.com |
| Margaret Notley | 07764 253674 | |
| James White | 07979 732915 | |
| Kevin Thorne | 07788 595058 | |
| Sally Gillard | 07950 558609 | |


| DATE & TIME | MEETING PLACE | SITE | ACTIVITY | **NOTES** |
|---|---|---|---|---|
| June 6th | Fun in the Park | Abbey Gardens | If available to help between 10 a.m. and 4p.m. please contact Eleanor | **Leader: Eleanor** |
| June 13th | Woodhaven Denys Farm Lane Frilford | Frilford Heath SSSI | Pulling up Himalayan Balsam | **Leader: James** |
| June 20th | Manor Farm Mill Road Marcham | Manor Farm Mill Road Marcham | Pulling up Himalayan Balsam | **Leader: Kevin** |
| June 27th | Woodhaven Denys Farm Lane Frilford | Frilford Heath SSSI | Pulling up Himalayan Balsam | **Leader: James** |
| July 4th | By bridge over weir St Helen's Court | Ock Path, Town End | Cutting back vegetation from path and around trees, litter picking, HB pulling | **Leader: Kevin**<br>**P** |
| July 11th | Woodhaven Denys Farm Lane Frilford | Frilford Heath SSSI | Pulling up Himalayan Balsam | **Leader: Sally** |
| July 18th | Manor Farm Mill Road Marcham | Manor Farm Mill Road Marcham | Pulling up Himalayan Balsam | **Leader: Eleanor** |
| July 25th | Car park behind Barclays Bank, towards Tesco, turn in before Bank | Ock Path Tesco End | Litter picking, cutting back vegetation, HB pulling | **Leader: Sally** |
| August 1st | Eastern End of Hadland Road | Abbey Fishponds | Tasks as directed by Marjorie | **Leader: Eleanor** |
| August 8th<br>9.45 a.m. to 4 p.m. | Thomas Reade School, Abingdon | Local Environment Groups Conference | For information and to register your interest please contact Eleanor | |

P parking charges **HB** = Himalayan Balsam

The Abingdon Green Gym is part of The Conservation Volunteers Community Network